10 Ways to Support the House!

Thank you for your interest in helping the Ronald McDonald House of Rochester, Minnesota!

1. **Deliver Mailbox Stuffers**
   Compile 30 mailbox stuffers with heartfelt notes, activities, snacks, books, etc., and drop off for staff to put in each family's mailbox, brightening their day when they come home from the clinic or hospital. Themed brighteners are welcomed! Multiple days of stuffers are welcomed!

2. **Create Keepsake Pillow Cases**
   Purchase and decorate standard (non-zippered) pillow cases and add designs, characters, or day-brightening messages using fabric markers. Like blankets, families will be gifted these decorated pillowcases to keep and take home. These pillow cases will be reminders of the support and love they received from the community.

3. **Create Art-to-go Kits**
   Prepare re-sealable bags with art and craft kits including directions and all needed supplies in the bags. These are used as grab-and-go for families to use while at the House, at the hospital, or on the go to appointments! Kits for a variety of ages are encouraged! *scissors, glue, and coloring utensils are available at RMH*

4. **Create Homemade Cards**
   Make appropriate homemade cards in the categories of Thank You, Get Well, Thinking of You, Sympathy, and Congratulations. Simple or more complex designs are welcomed!

5. **Collect Pop Tabs**
   Collect and bring in pop tabs from your school, workplace, or home. Our volunteers transport them to the recycling facility and exchange the aluminum for cash. All proceeds directly support the House.

6. **Gifts**
   Collect and donate brand new, unwrapped items for teens, toddlers and infants. These items are for age-appropriate activity bags, birthday and holiday presents, and day-brightening gifts given to each child! Gifts for adults are appreciated as well!

7. **Sponsor a House Dinner**
   Select an available "Community Catered Dinner" date on our dinner signup page, choose the restaurant and have a meal delivered to the families. This relieves an immediate need for families and provides more hands-on involvement while remaining offsite.

8. **Donate Items From our Needs List**
   Donate items from our needs list that helps the House become a home - anything from shampoo to feminine hygiene products, from paper products to pre-packaged, store-bought food. Needs list items are specific items we are running low on, and the list is available on our website. We also have Target and Amazon wish lists for both items needed and gift ideas!

9. **Celebrate with us!**
   Share your birthday, wedding or special day with families by asking for gifts to the Ronald McDonald House of Rochester, Minnesota. You can also host a Bakesale, or other event to raise money for the House.

10. **Make a Financial Contribution**
    Donating financially is a highly impactful way to support the House. Donations can be made online or mailed directly to 850 Second St. SW, Rochester, MN 55902.

Complete any or all of these individually, as a family, or with a group!

For more information and instructions on volunteer service project opportunities, please contact the Ronald McDonald House directly at (507) 282-3955 or visit our website at www.rmhmn.org/volunteer/